



***Improve your play with the aid of science and technology,
the solution is called “Biomecaswing”***

The “**Biomecaswing**” assures to compare the synchronization between the horse and the player and also to quantify the involvement of the abdominal-pelvic muscles, which are necessary for the player during a polo match.

The Biomecaswing method, which was developed by **J.J. Rivet** combines scientific knowledge of the human physiology with new technologies in the action analysis's field.

Since 1985, J.J. Rivet is teaching sporting biomechanics at the University of Montpellier and Nice, since 2006 he is teaching at the sporting engineering Master of the University of Marseille Luminy.

In 2008, he has completed the « **PGA European Tour performance Institute Advisory Board** » and he is in charge of biomechanics.

The computer assists the biomechanical analysis of the swing, which is correlated with a morphological diagnosis of the locomotors system and the physical performance. This completed analysis allows showing the strength and weaknesses of each player.

In addition, this analysis can achieve its objective: a personalized training program based on 4 axes, which includes the muscles, the myofascial stretching, coordination and posture.

Kinematics analysis at the Polo Club Saint-Tropez 750 € per polo player

Reservation + 33 (0) 4 94 55 22 12 or by email: contact@polo-st-tropez.com